



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEW!
Clubs
Specialty Camps
FREE Swim Lessons
Field Trips



**BEST
SUMMER
EVER**

**2017
SUMMER CAMP
TROY YMCA**

OUR HOURS

Camp 9AM to 4PM

Drop off starts at 7AM

Pick up until 6PM

Closed for
July 4th
Holiday

Great Fun! Great Value!

Our Summer Camp is in full swing from 9AM until 4PM, Monday through Friday, with lots of fun things for your child to experience each day.

In addition to a high-quality summer camp experience, we also offer before and after camp care at no additional charge!

Save \$40 Each Day!

From 7 to 9AM and from 4 to 6PM, we care for your child before camp starts each day and after it ends each day at **no additional charge**. That's a savings of at least \$40 each day for each child.

Save \$100!

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of \$100 for each child who spends the summer at the Y!

Financial Assistance

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more. 518.272.5900.

Communication is KEY!

This spring at the Troy Y, our staff will host 2 orientation events! "I'm New to Camp" will be held **WEDNESDAY, MAY 3 from 6 – 7:30PM**. No matter the age of your camper, this is a great opportunity to hear about their day and learn about Troy YMCA Day Camp procedures such as billing, sign in/out, field trips and more! Our second event, "Get to Know Your Counselor" will be held **WEDNESDAY, JUNE 14 from 6 – 7:30PM**. This event will help your campers get to know their counselor teams prior to the start of camp! The event will be all about the kids as we take them through mini activities that mimic their camp days to come!

Safety Comes First

Our day camps meet the highest health and safety standards of the Y and the NYS Health Department.

Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office.

First Aid equipment is on site and staff are trained in First Aid and CPR.

Day Camp Orientation Events

NEW TO CAMP NIGHT

May 3 • 6 – 7:30PM

GET TO KNOW YOUR COUNSELOR

June 14 • 6 – 7:30PM

Professional Role Models!

Our staff are hand-picked to provide your campers with the safest and most fun experience possible! They receive up to 40 hours of training specific to age appropriate activities, conflict resolution, rainy-day play, safety around the pool, sun and heat protection, leadership, First Aid/CPR and more.



OUR PROGRAMS

Day Camp

BRAVES – Entering K or 1st Grade

Campers in the Braves group will be part of a camp experience all their own. With specific age appropriate activities that ensure fun for all! The group won't travel for field trips because we'll bring the field trips right to them!! The braves will focus on social interaction, creative play and being active! In-house field trips will include The Troy Dance Factory, The Puppet People, Cornell Cooperative Extension and more!



BLAZERS – Entering 2nd or 3rd Grade

The Blazers are sure to have their best summer yet! They'll travel about the capital district for field trips, enjoy hands-on activities and engage in physical play. Social interaction and large group games will be a highlight for the Blazers as well! Field trips include attending Skyzone, The Troy Dance Factory, Bowling, State Parks and more!



WARRIORS – SENIOR CAMPERS

Entering Grades 4th, 5th or 6th

The Warrior group (our senior campers!) will have a daily focus on fun and social interactions amongst peers; they will explore the deeper meaning of the YMCA's core values, and begin to hone in on leadership skills and development. They'll have plenty of time dedicated to large and small group games and they'll get messy with hands-on activities! Field Trips will include Camp Chingachgook, State Parks, The Great Escape and more!

FIELD TRIPS

Braves will experience in-house field trips every week. Blazers, Warriors and Pathfinders will experience traveling field trips weeks 1-8 and in-house field trips weeks 9 and 10.

PATHFINDERS – LEADERS IN TRAINING

Entering 7th or 8th Grade

Our Pathfinder group will spend time over the summer truly honing in on leadership development and skills. They will dive into the core values and focus on positive social interactions as well as developing self-esteem and confidence. They'll do this through many activities including journaling, leading their peers in activities and small group games. For field trips, they'll have the option of hanging at the Y and shadowing the Braves team, attending the Blazers field trip and shadowing their team or attending the Warriors field trip!



NEW THIS SEASON!

TWO FREE Swim Lessons Per Week!

Each week, our campers will be swim tested and logged. They will receive swim lessons based on their abilities ranging from beginner to advanced skills. Lessons will occur on Monday's and Tuesday's of each week. Thursday's campers will have an open swim/recreational swim time and Friday's we'll spend exploring outdoor water play with water activities and the opportunity to bring your favorite (labeled) water toy to camp!

Friday Club Days!

Sign up is FREE and optional! The 2 club options for Summer 2017 are **Junior Chefs – Pinterest Edition** and **Commit to be Fit!**

Junior Chefs – Pinterest Edition will introduce campers to the fun, kid-friendly pinterest recipes that our energized and engaging pinterest-loving staff choose for our campers each week!

Commit to be Fit will introduce campers to healthy lifestyles through activities such as stretching, agilities and functional movements! Led by a Certified Personal Trainer each week, these activities are designed to get our campers moving in new ways and provide them with take-away activities to share with their families! Groups will be led in accordance with age and campers will spend between 30 and 60 minutes in each club depending on the activity that week!

Literacy Enrichment Program

We've re-vamped our Literacy Enrichment Program! We're excited to offer opportunities for your child to further develop reading and writing skills with staff and counselors that are dedicated to helping to prevent the summer learning loss that can occur when children are not actively reading and writing over the summer! Summer Literacy Enrichment will be a weekly, age-appropriate activity for every camp age group.

SPECIALTY CAMPS

Leaders Camp

Grades 4th — 9th • Week 7

This camp is intended to give each participant a chance at being a week long service leader. In the spirit of volunteerism, campers will engage in up to 4 service projects. Their hours will be tracked and signed off for school use if applicable! **Space is extremely limited for this specialty camp.**

Sports Camp

Grades 2nd — 8th • Weeks 4 & 6

Has your camper ever wanted to try a sport but not commit to the season? Do you have a camper that loves EVERY sport? This is the camp for her/him! We'll learn about a new sport every day; from the rules to actually playing!

DIY Camp

Grades 2nd — 8th • Week 5

That's right! This camp is all about doing it yourself! Participants will be engaged in making and creating all sorts of projects from soap to snacks! Campers will take something home every day!

JOIN US!

LUNCH WITH LOCAL HEROES!

Tuesday, August 8th (week 7)

The Troy YMCA Day Camp will be hosting our local first responders and other heroes for a luncheon, thanking them and sharing in fun summer activities! Join us for lunch that day!

MASCOT RACE DAY!

Thursday, August 10th (week 7) 1 – 3PM

Find out who is the GREATEST mascot in the Capital District! We'll be hosting two hours of fun and games with our local mascots to determine who the fastest and strongest is around town!

TROY DAY CAMP

FAX • 518.272.4409

CHILD INFORMATION

Child's First Name _____ Child's Last Name _____

Date of Birth ____/____/____ Grade Entering in Fall? ____ Gender M/F

CHILD'S T-SHIRT SIZE - Circle One: **CHILD SIZES: XS S M L XL** or **ADULT SIZES: S M L XL**

PARENT/GUARDIAN INFORMATION

First Name _____ Last Name _____

Date of Birth ____/____/____ eMail _____

Billing Address _____

City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

2nd Parent/Guardian Name _____ Phone _____

If separated or divorced, who has legal custody? (A court order is needed if a parent is denied access to a child.) _____

PICK-UP/EMERGENCY CONTACT AUTHORIZATION

I authorize the following people to pick up my child from YMCA Day Camp. I also authorize these people to be contacted in an emergency situation if I cannot be reached. All authorized persons need to be at least 16 years of age and prepared to show PHOTO ID.

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

Does your child have allergies or dietary needs? If yes, please list _____

Does your child take medication? If yes, please list _____

If your child should need any medication while attending camp, please contact your branch camp director to complete the appropriate medication consent forms. These forms need to be completed and signed by a physician prior to your child attending camp.

MEDICAL INFORMATION

Please indicate if your child has a history of the following:

Anemia Appendicitis Asthma Contact Lenses Diabetes Ear Infections Fainting Severe Headaches

Hay Fever High Blood Pressure Hyperkinesia Seizures Skin Problems Swimmer's Ear Tonsillitis

Other _____ Does your child have an existing IEP? YES NO

Are there any activities that your child should not participate in for health reasons? _____

Are there any recent medical treatments/surgeries? _____

IMMUNIZATION RECORDS NEED TO BE INCLUDED WITH THIS REGISTRATION FORM.

MEDICAL EMERGENCY & SUNSCREEN RELEASE

I, being the parent/legal guardian of the above named minor, do hereby appoint YMCA staff to act on my behalf in authorizing emergency medical, dental or surgical care and hospitalization in my absence. In addition, I do here by grant said minor to carry and use sunscreen and/or bug spray which I have supplied.

»» Parent/Guardian Signature _____

PHOTO RELEASE

I give permission for the Capital District YMCA to take video and/or photographs of myself and/or my child(ren) for the purpose of promoting YMCA programs.

»» Parent/Guardian Signature _____

ACTIVITIES RELEASE

I give permission for my child to participate in all activities appropriate for their age and ability including swimming.

»» Parent/Guardian Signature _____

TROY YMCA

Child's First Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Child's Last Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Date of Birth

--	--	--	--	--	--

Grade Entering in Fall

--	--

Gender M/F

--

DSS Subsidy (Please include your DSS letter with your registration.)

--

Week Starting Date	Member Rate	Non Member		1 6/26	2 7/3*	3 7/10	4 7/17	5 7/24	6 7/31	7 8/7	8 8/14	9 8/21	10 8/28	Subtotal
Day Camp (Campers are grouped by grade level)	\$170	\$195												+
LIT	\$170	\$195												+
*Camp is closed on July 4th. WEEK 2 RATES ARE PRORATED: Day Camps \$136/\$156														
Specialty Camps														
Leaders Camp	\$195	\$225												+
Sports Camp	\$195	\$225												+
DIY Camp	\$195	\$225												+
<input type="checkbox"/> I qualify for the \$10 (per week) sibling discount (for each child after the first child). Sibling Name:														-
													TOTAL	=
Please include your weekly \$10 non-refundable camp deposit (per child) with your application.														

Billing Payment Information (Charged Weekly)

Credit Card	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now / Then Balance One Week Prior		
Name on Card			
Card Number			My Card is on file. Last 4 Digits: <input type="text"/> Exp. <input type="text"/>
Address			
City		State	Zip <input type="text"/> Phone <input type="text"/>
Bank Withdrawal (ACH)	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now and then the Balance Each Week		
Name			
Bank Name			<input type="checkbox"/> Checking <input type="checkbox"/> Savings
Routing Number (9-Digits) <input type="text"/>			
Account Number <input type="text"/>			

Terms: I authorize my financial institution to honor pre-authorized debits/charges initiated by the YMCA on my account for camp payments. I authorize the Y to re-run my credit card within three business days if my card returns declined. Should any payments not be honored by the above financial institution, I understand that in addition to the regular payment, I will be charged a \$20 NSF (Non-Sufficient Funds) fee.

» _____
Signature (I have read and understand the terms of this draft authorization)

_____ Date

TO BE COMPLETED BY THE Y • Staff Initials _____ Date _____ Receipt # _____

Cash Check Scholarship Percentage _____% Executive Director Signature _____

WEEKLY CAMP THEMES

Week 1: Color Collisions!

Spend the week showing off your favorite color combos! We'll get messy and creative working with all the colors of the rainbow in many different ways!

Week 2: Happy Holidays!

The year is full of Holiday's but we only have a week to celebrate together! Join us as we transform the camp days into our favorites with themed games and activities!

Week 3: Flip it, Twist it, Reverse it!

The more creative the better! Show off that crazy hair-do and backwards outfit! We'll even attempt some of our activities backwards!

Week 4: Construction Zone!

Ever wonder how many things you can make out of one cardboard box? We're going to figure it out this week! We'll be collecting and playing with recyclables all week and using our creative minds to build all sorts of fun stuff!

Week 5: Camp's Got Talent!

Spend the week showcasing your talents or helping others hone in on theirs! We'll let you know the talent show day and time.

Week 6: Ultimate Summer Games!

The Troy YMCA Summer Camp will be practicing our best sportsmanship and cheering as we prepare for the 2017 Ultimate Summer Games!

Week 7: Superhero!

With so many superheroes to choose from, we had to make a whole week out of celebrating them! Show off your favorite of all time while we also celebrate our favorite local superheroes!

Week 8: Please, Don't Stop the Music!

This week, we'll spend time learning about all the classic favorites while also dancing along to the newest hits!

Week 9: H2 OH YEAH!

Quite possibly the coolest week of the summer, we'll beat the heat by hanging in and around water all week!

Week 10: Camp Carnival!

Time to celebrate the best days of the summer! We'll have a culminating carnival and pick some of the best activities of the season to re-play and re-wind what surely will be the best summer yet!



OTHER YMCA CAMP OPTIONS

OVERNIGHT CAMP FUN! Camp Chingachgook on Lake George

FREE TOURS!

Please join us at Chingachgook for our **Open House** events on April 23 & 30 and May 7 & May 21. Join us for **Spring Fling Day**, a free day for families to experience camp (archery, crafts, hikes, etc.), including lunch, on May 13.

To RSVP for these events please call 518.656.9462. You're also welcome to call for a tour any time that's convenient for you.

Visit www.LakeGeorgeCamp.org today to learn more, or call 656.9462.



DAY CAMP FUN! YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more! We have convenient bus routes to pick up and drop off your child.

FREE TOURS!

Visit www.CDYMCA.org today for our tour schedule, or call 439.4394 x1420. Also, join us for one of our **Open House** events: Wednesday, May 10 (5 to 7PM), Saturday, May 20 (11AM to 1PM), and Sunday, June 4 (11AM to 1PM).



CAPITAL DISTRICT YMCA

Troy Branch
2500 21st Street
Troy, NY 12180

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FAX 518.272.4409

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- Specialty Camps
- Literacy Activities

