



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NEW!
FREE PIZZA
FRIDAYS!**



**BEST
SUMMER
EVER**

**2017
SUMMER CAMP
SOUTHERN SARATOGA YMCA**

OUR HOURS

Camp 9AM to 4PM

Drop off starts at 7AM

Pick up until 6PM

Closed for
July 4th
Holiday

Great Fun! Great Value!

Our Summer Camp is in full swing from 9AM until 4PM, Monday through Friday, with lots of fun things for your child to experience each day.

In addition to a high-quality summer camp experience, we also offer before and after camp care at no additional charge!

Save \$40 Each Day!

From 7 to 9AM and from 4 to 6PM, we care for your child before camp starts each day and after it ends each day at no additional charge. That's a savings of at least \$40 each day for each child.

Save \$100!

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of \$100 for each child who spends the summer at the Y!

Financial Assistance

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more. 518.371.2139.

NEW This Summer!

- Wider variety of age-appropriate activities
- New Specialty Camps
- Community Service Projects



Swim Lessons Available!

Summer camp is a great time for your child to learn to swim. It's convenient for you, and great fun for your child! We offer swim lessons two days a week. Your child will learn floating, basic swim strokes and skills appropriate for her/his age and swim level — all under the guidance of our certified swim instructors.

Safety Comes First

Our day camps meet the highest health and safety standards of the Y and the NYS Health Department.

Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office.

First Aid equipment is maintained on and off site and staff are trained in First Aid and CPR.

JOIN US!

Camp Open House Dates

Please join us for a preview of summer camp. All are welcome!

For parents of first time campers:

Wednesday, June 7 (6:15 to 7:30PM).

For parents of returning campers & CIT's:

Thursday, June 8 (6:15 to 7:30PM).

OUR PROGRAMS

Summer Literacy Enrichment

Our **Summer Book Club** gives us the chance to help develop your child's love of reading, and strengthen your child's literacy skills. Our staff will provide campers with fun activities to enrich their literacy all summer long.

Day Camp

Entering Grades 1 – 8

We help your child build confidence while enjoying a variety of activities that encourage your child to develop independence while learning new skills. Campers enjoy swimming, sports, art, special events and Pizza Fridays (**Two slices of pizza on Fridays included in the price**).

Children enjoy activities that involve social interaction, educational opportunities, leadership building, personal growth and creativity. Campers are divided into groups by age, with activities appropriate to the interests and needs of each group. Each week has a fun theme and **for grades 3 and up includes a field trip!**

Children also engage in community building projects and many opportunities for personal growth with our focus on **discovery, hands-on education**, and enriched learning opportunities.



SPECIALTY CAMPS

Specialty Camps are **full day** camps. Campers will have lunch and swim with their specialty camp group. **Campers do not travel in specialty camps.**

SPECIALTY CAMPS • GRADES 1-3

Animal Planet Camp

Grades 1 – 3 • Week 1 & 5

Animal Enthusiasts apply here! Campers will have a unique hands-on experience enhanced with projects and activities exploring the animal kingdom. This camp will captivate the most eager campers as they learn about the animal kingdom.

Kids Cook with Books

Grades 1 – 3 • Weeks 1 & 6

Young chefs will enjoy our cooking and reading camp. Each day campers will read a book or two and create a recipe that goes with the book. Campers will whip up delicious recipes from Stone Soup to A Chocolate Moose for Dinner.

Young Explorers Camp

Grades 1 – 3 • Weeks 2 & 7

Sometimes kids just need to be outside! If your child enjoys playing in the outdoors and getting dirty, this camp is for them. Campers experience the outdoors while learning basic outdoor survival techniques.

Art Rocks! Camp

Grades 1 – 3 • Weeks 3 & 8

This camp is sure to be a rocking good time! Campers will make instruments and create music. They will design their own band t-shirt and try their hand at action painting.

STEM is All Around Us

Grades 1 – 3 • Week 3 & 9

Through hands-on investigations campers will experience a variety of STEM (Science, Technology, Engineering and Mathematics) concepts. Campers can expect to create take home projects, launch a rocket, and enjoy hiking our own nature trail. Campers will develop observation, communication and collaboration skills.

Busy Builder Camp

Grades 1 – 3 • Week 4

Dream it. Build it. Wreck it. Repeat.

We challenge our builders in this camp to think outside the box as we incorporate building challenges that involve LEGOS, blocks and even spaghetti and marshmallows. Using the fundamental principles of engineering and physics, we take this camp to new “heights.” Is your camper up for the challenge?

Leaders-in-Training (LIT) Program

Grade 9 (same price as Day Camp)

Our program helps LITs to identify the characteristics of leadership, and develop those characteristics in themselves. LITs focus on personal development, goal setting and teamwork. LITs get to know each other through team building and group morale activities. The curriculum focuses on personal development as a leader in camp, school, and the community.

Counselor-in-Training (CIT) Program

Grade 10

Our program helps CITs to learn job skills and identify the characteristics of a good counselor and to develop those characteristics in themselves. CITs attend child care related trainings that will help them learn and understand things such as: behavior management skills, safety and awareness, how to lead games and activities, and how to be a positive role model. The CIT program is also designed to help CITs learn skills necessary to obtain and retain employment.

Signature Travel Field Trips

Grades 3 – 9 • Weeks 3 — 8

On Tuesdays of Camp Weeks 3 through 8, we are offering special travel field trips to exciting venues outside of the Capital District region. Travel trips may include but are not limited to the **New England Aquarium** in Boston; a Yankees Game in the Bronx; **The Wild** in Lake Placid; **Ausable Chasm** in Ausable Chasm, New York; **Wonderworks** in Syracuse and the **Bronx Zoo**.

Additional information to follow!

Once Upon a Time

Grades 1 – 3 • Week 4 and 7

Dive into the wonderful world of literature during this camp focused on dragons, fairies and other famous storybook characters. Campers will build houses to withstand the huffs and puffs of the big bad wolf and bring the stories we read to life!

Spanish Language Camp

Grades 1 – 3 • Week 8

Your child may choose to attend this 3-hour language camp or stay for the full day with the **YMCA Camp Extension option**.

Calling all Language Enthusiasts who wish to learn to speak Spanish! We invite your child to join us this summer for a week filled with fun, interactive language oriented activities and group projects in Spanish. By using the language, speaking is emphasized and taught through games, songs, and fun activities. The camp meets for 5 days, and lasts 3 hours each day. Whether your child is shy, outgoing, or somewhere in-between, The Language Learning Institute's innovative summer program helps each child enjoy language learning.

SPECIALTY CAMPS • GRADES 4 & UP

Scratch Code Camp

Grades 4 and up • Week 1

During this super cool week, campers will explore how to design and program their own games and animations, with lots of hands-on coding. Engaged in fun coding projects, mini challenges, unplugged activities, and a BIG PROJECT. Campers exercise STEM skills in reasoning, math, design, and problem solving while also creating, collaborating, and sharing their projects with others. We welcome all levels from beginner to advanced.

Recycled to Rembrandt

Grades 4 and up • Week 2 and 9

Our week-long camp encourages campers to explore, discover, and express themselves. Each budding Rembrandt will work with paper, books, and more to transform discarded treasures into sculptures, found-object tapestries, and more!

Drama Camp

Grades 4 and up • Week 3

Campers will learn about drama by rehearsing and presenting a fun and exciting play designed just for kids. This camp isn't just for aspiring actors and actresses. Those who don't want to be "onstage" can help "backstage" with sets and costumes. The play will be presented during our camp talent show.



One Ingredient, 3 Ways

Grades 4 and up • Week 4 and 7

Campers will be presented with a different ingredient each day and will prepare three unique dishes that span from appetizer to dessert. Monday will be spent reviewing recipes, making a shopping list and taking a walking trip to Hannaford.

LEGO Camp

Grades 4 and up • Week 5

Get inspired with some of the world's most iconic construction tools: LEGOs. Campers enjoy structured activities, free build time and fun games designed to spark imagination and challenge creativity.

Digital Photography Camp

Grades 4 and up • Week 6

Looking to capture a special moment? Try this hands-on camp that explores camera use, photo composition, perspective and lighting that will bring out your young Ansel Adams. Each day campers participate in a photo safari that will culminate in a gallery exhibit at the end of the week. Campers need to bring their own digital camera.

Comic Book Art Camp

Grades 4 and up • Week 8

Some of the most popular movies including "The Avengers" and "Spiderman" started as comic books! This camp will focus on the artistic design, layout and story arcs of comic books as well as drawing your own comics.

Swim Camp

Grades 4 and up • Week 9

Swim Camp is designed for those who can swim 50 yards. Campers work to improve and refine the four competitive strokes, sets, starts and finishes along with a healthy dose of teamwork and sportsmanship!

SOUTHERN SARATOGA DAY CAMP

FAX • 518.383.2748

CHILD INFORMATION

Child's First Name _____ Child's Last Name _____

Date of Birth ____/____/____ Grade Entering in Fall? ____ Gender M/F

CHILD'S T-SHIRT SIZE - Circle One: CHILD SIZES: XS S M L XL or ADULT SIZES: S M L XL

PARENT/GUARDIAN INFORMATION

First Name _____ Last Name _____

Date of Birth ____/____/____ eMail _____

Billing Address _____

City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

2nd Parent/Guardian Name _____ Phone _____

If separated or divorced, who has legal custody? (A court order is needed if a parent is denied access to a child.) _____

PICK-UP/EMERGENCY CONTACT AUTHORIZATION

I authorize the following people to pick up my child from YMCA Day Camp. I also authorize these people to be contacted in an emergency situation if I cannot be reached. All authorized persons need to be at least 16 years of age and prepared to show PHOTO ID.

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

Does your child have allergies or dietary needs? If yes, please list _____

Does your child take medication? If yes, please list _____

If your child should need any medication while attending camp, please contact your branch camp director to complete the appropriate medication consent forms. These forms need to be completed and signed by a physician prior to your child attending camp.

MEDICAL INFORMATION

Please indicate if your child has a history of the following:

Anemia Appendicitis Asthma Contact Lenses Diabetes Ear Infections Fainting Severe Headaches

Hay Fever High Blood Pressure Hyperkinesia Seizures Skin Problems Swimmer's Ear Tonsillitis

Other _____ Does your child have an existing IEP? YES NO

Are there any activities that your child should not participate in for health reasons? _____

Are there any recent medical treatments/surgeries? _____

IMMUNIZATION RECORDS NEED TO BE INCLUDED WITH THIS REGISTRATION FORM.

MEDICAL EMERGENCY & SUNSCREEN RELEASE

I, being the parent/legal guardian of the above named minor, do hereby appoint YMCA staff to act on my behalf in authorizing emergency medical, dental or surgical care and hospitalization in my absence. In addition, I do here by grant said minor to carry and use sunscreen and/or bug spray which I have supplied.

»» Parent/Guardian Signature _____

PHOTO RELEASE

I give permission for the Capital District YMCA to take video and/or photographs of myself and/or my child(ren) for the purpose of promoting YMCA programs.

»» Parent/Guardian Signature _____

ACTIVITIES RELEASE

I give permission for my child to participate in all activities appropriate for their age and ability including swimming.

»» Parent/Guardian Signature _____

Child's First Name: _____ Last: _____ DOB: _____ Grade Entering Fall: _____

Gender: M F DSS Subsidy:

Week Starting Date	Member Rate	Non Member	1 6/26	2 7/3*	3 7/10	4 7/17	5 7/24	6 7/31	7 8/7	8 8/14	9 8/21	10 8/28	Subtotal
Day Camp	\$185	\$205											+
Swim Lesson	\$10	\$20	SWIM LESSONS ARE AN ADD ON OPTION FOR DAY CAMP ONLY										+
LIT	\$185	\$205											+
CIT	\$85	\$125											+

* WEEK 2 RATES prorated for July 4th: Day Camp & LIT \$148/\$164 • CIT \$68/\$100 • Week 2 Specialty Camps \$176/\$184

Specialty Camps

Kids Cook with Books	\$220	\$230	Grades 1-3						Grades 1-3					+
Young Explorers	\$220	\$230		Grades 1-3					Grades 1-3					+
Art Rocks!	\$220	\$230			Grades 1-3					Grades 1-3				+
STEM is All Around Us	\$220	\$230			Grades 1-3						Grades 1-3			+
Busy Builder	\$220	\$230				Grades 1-3								+
Animal Planet	\$220	\$230	Grades 1-3				Grades 1-3							+
Once Upon a Time	\$220	\$230				Grades 1-3			Grades 1-3					+
Spanish Language (1/2 day)	\$190	\$205								Grades 1-3				+
YMCA Extension Camp	\$100	\$110	YMCA EXTENSION IS AN ADD ON OPTION FOR LANGUAGE CAMP ONLY										+	
Scratch Code	\$220	\$230	Grades 4&up											+
Recycled to Rembrandt	\$220	\$230		Grades 4&up							Grades 4&up			+
Drama	\$220	\$230			Grades 4&up									+
LEGO	\$220	\$230				Grades 4&up								+
Digital Photography	\$220	\$230					Grades 4&up							+
One Ingredient, 3 Ways	\$220	\$230				Grades 4&up			Grades 4&up					+
Comic Book Art	\$220	\$230								Grades 4&up				+
Swim Camp	\$220	\$230									Grades 4&up			+

I qualify for the \$10 (per week) sibling discount (for each child after the first child). Sibling Name: _____

Please include your weekly \$10 non-refundable camp deposit (per child) with your application. **TOTAL** = _____

Billing Payment Information (Charged Weekly)

Credit Card	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now / Then The Balance Each Week		
Name on Card _____			
Card Number _____			My Card is on file. Last 4 Digits: _____ Exp. _____
Address _____			
City _____		State _____	Zip _____ Phone _____
Bank Withdrawal (ACH)	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now and then the Balance Each Week		
Name _____			
Bank Name _____		<input type="checkbox"/> Checking <input type="checkbox"/> Savings	
Routing Number (9-Digits) _____			
Account Number _____			

Terms: I authorize my financial institution to honor pre-authorized debits/charges initiated by the YMCA on my account for camp payments. I authorize the Y to re-run my credit card within three business days if my card returns declined. Should any payments not be honored by the above financial institution, I understand that in addition to the regular payment, I will be charged a \$20 NSF (Non-Sufficient Funds) fee.

»» Signature (I have read and understand the terms of this draft authorization) _____ Date _____

TO BE COMPLETED BY THE Y • Staff Initials _____ Date _____ Receipt # _____			
<input type="checkbox"/> Cash	<input type="checkbox"/> Check	Scholarship Percentage _____%	Executive Director Signature _____

WEEKLY CAMP THEMES

Week 1: Heroes Week

Come help us save the world! We will enjoy a week at camp doing fun activities and great games. We will be celebrating ALL HEROES from comic book heroes to real life heroes!

Week 2: America the Beautiful

Oh say can you see ... all the fun this week! We will explore what makes our country unique and what the colors red, white and blue stand for. Campers will also have fun preparing, creating, and sending a care package to a soldier.

Week 3: Summer Fiesta

Join in our celebration by hitting the pinata, dancing to the Macarena, show your creativity with recycled materials in the thingamajig competition, and have fun at our Talent Show!

Week 4: Globetrotters

Pack your bags and grab your passports. We're off on new adventures learning about different cultures and countries through games, music, and crafts. We'll end the week with our camp Parade of Nations.

Week 5: Passport to Fitness

Campers will jump-start their quest toward a fit and healthier self. All will have lots of fun with fitness, sports, team building and physical activities.

Week 6: Fabulous Fair Week

Campers create a fun-filled fair for the whole camp to enjoy. Enjoy water games, face painting, ring toss, potato sack races and so much more.

Week 7: Game On!

We'll enjoy Minute to Win It games, campers dress their counselor for America's Next Top Model, Survivor food eating challenges, and board games blown up to human-like proportions!

Week 8: Disney Week

Be Our Guest, Be Our Guest! We are on a Fast Pass through the entire magical world of Disney with Disney themed activities each day and a special end of the week celebration!

Week 9: Through the Decades

Travel through the decades as we explore the 50's, 60's, 70's and 80's. You have to be here to experience the throwback while we enjoy a touch of modern life!

Week 10: Spirit Week

Camp comes to a close but the fun will not stop. Help us celebrate and show your camp spirit with daily camp themes!

OTHER YMCA CAMP OPTIONS

OVERNIGHT CAMP FUN! Camp Chingachgook on Lake George

FREE TOURS!

Please join us at Chingachgook for our **Open House** events on April 23 & 30 and May 7 & May 21. Join us for **Spring Fling Day**, a free day for families to experience camp (archery, crafts, hikes, etc.), including lunch, on May 13. To RSVP for these events please call 518.656.9462.

You're also welcome to call for a tour any time that's convenient for you.

Visit www.LakeGeorgeCamp.org today to learn more, or call 656.9462.



DAY CAMP FUN! YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more! We have convenient bus routes to pick up and drop off your child.

FREE TOURS!

Visit www.CDYMCA.org today for our tour schedule, or call 439.4394 x1420. Also, join us for one of our **Open House** events: Wednesday, May 10 (5 to 7PM), Saturday, May 20 (11AM to 1PM), and Sunday, June 4 (11AM to 1PM).



CAPITAL DISTRICT YMCA
Southern Saratoga Branch
1 Wall Street
Clifton Park, NY 12065

PHONE 518.371.2139
FAX 518.383.2748

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OPEN HOUSE DATES

Parents of first time campers • Wednesday, June 7 (6:15 to 7:30PM)

Parents of returning campers & CIT's • Thursday, June 8 (6:15 to 7:30PM)

NEW IN 2017

- FREE Pizza Fridays
- New Specialty Camps
- Community Service Projects
- LIT Program

