

## WEEKLY CAMP THEMES

Every Thursday, join us dressed by theme, from a pirate to your favorite super hero!

### Week 1: Core Values

Show the Y's 4 core values (caring, honesty, respect, and responsibility) in your daily activities.

### Week 2: America the Beautiful

This week let us honor our Country by learning the history of the flag, the 4th of July, and America.

### Week 3: International Week

Get ready to explore the many different cultures around the world. Share family traditions and learn about traditions from your friends.

### Week 4: Superhero Week

Dress as your favorite Superhero or invent your own hero. In Arts & Crafts, make your own comic book with your own action adventure.

### Week 5: Color Wars

Join us for one of our most popular weeks of camp, filled with fun, friendly competition. Bring your team spirit! Come all decked out in your team color and earn points through exciting activities.

### Week 6: Great Moments in History

We welcome visitors dressed up as key figures in history and we re-enact times in history.

### Week 7: Hollywood Week

Let's bring the movies to you! Each day's activities will be based on your favorite movie. Monday: Frozen, Tuesday: E.T., Wednesday: Star Wars, Thursday: Monster's Inc., and Friday: Despicable Me. On Friday we will watch a movie (voted on by kids) on the gym wall. Kids come in their PJ's to enjoy popcorn while watching the movie! Children also make hand prints for their very own YMCA "Walk of Fame".

### Week 8: Disney Week

Share your favorite Disney characters with fellow campers. Enjoy your favorite Disney movies.

### Week 9: Off to the Races

Come decked out in your finest hat as we celebrate the Saratoga Race Track. This week, we will be making our own "horse" and have races up on our back field.

## Week 10: Holiday Week

Each day we celebrate a different holiday. Monday – Thanksgiving, Tuesday – Christmas, Hanukkah and Kwanzaa, Wednesday – Easter & Passover, Thursday – Valentine's Day, and Friday – Halloween, as campers come to camp dressed up to go trick or treating.

## OTHER YMCA CAMP OPTIONS

### OVERNIGHT CAMP FUN! Camp Chingachgook on Lake George

#### FREE TOURS!

Please join us at Chingachgook for our **Open House** events on April 23 & 30 and May 7 & May 21. Join us for **Spring Fling Day**, a free day for families to experience camp (archery, crafts, hikes, etc.), including lunch, on May 13. To RSVP for these events please call 518.656.9462. You're also welcome to call for a tour any time that's convenient for you.

Visit [www.LakeGeorgeCamp.org](http://www.LakeGeorgeCamp.org) today to learn more, or call 656.9462.



### DAY CAMP FUN! YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more! We have convenient bus routes to pick up and drop off your child.

#### FREE TOURS!

Visit [www.CDYMCA.org](http://www.CDYMCA.org) today for our tour schedule, or call 439.4394 x1420. Also, join us for one of our **Open House** events: Wednesday, May 10 (5 to 7PM), Saturday, May 20 (11AM to 1PM), and Sunday, June 4 (11AM to 1PM).