



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEW!
LIT Program
Specialty Camps:
Art Camp
Sports Camps



**BEST
SUMMER
EVER**

**2017
SUMMER CAMP
BETHLEHEM YMCA**

OUR HOURS

Camp 9AM to 4PM

Drop off starts at 7AM

Pick up until 6PM

Closed for
July 4th
Holiday

Great Fun! Great Value!

Our Summer Camp is in full swing from 9AM until 4PM, Monday through Friday, with lots of fun things for your child to experience each day.

In addition to a high-quality summer camp experience, we also offer before and after camp care at no additional charge!

Save \$40 Each Day!

From 7 to 9AM and from 4 to 6PM, we care for your child before camp starts each day and after it ends each day **at no additional charge**. That's a savings of at least \$40 each day for each child.

Save \$100!

With our sibling savings option, you save more for each additional child you send together to camp. For each additional child who attends camp, you save \$10 a week! That's a savings of \$100 for each additional child who spends the summer at the Y!

Financial Assistance

We offer financial assistance for those who need help to afford summer camp. Please call us today to learn more. 518.439.4394.

What's Happening This Summer!

- Enjoy new opportunities to meet and interact with your child's **counselors!** From information about each counselor's skills and abilities, to fun meet and greet events, you and your child will feel at ease in our care this summer even before camp starts!
- Enjoy more **detailed information about trips, activities, and events** in a weekly e-mail blast.

Safety Comes First

Our day camps meet the highest health and safety standards of the Y and the NYS Health Department.

Camps are inspected twice each year by the Department of Health and files are available for inspection at your county health department office.

First Aid equipment is on site and staff are trained in First Aid and CPR.

OUR PROGRAMS

Pre-School Camp

5-Days • Ages 3 and 4

For children beginning or returning to pre-school

9:30AM — 12:30PM

We help your little one gain independence and learn cooperation skills through fun activities that promote early literacy and develop motor skills. We lead pre-schoolers through games, crafts, story time and more.

Heldeberg Half Day Care

Available Weeks 3 - 8

Children who attend the Heldeberg Half Day camp are welcome to register for before and after-camp care at the Y! Children co-registered at Heldeberg may attend morning care and take the bus to Heldeberg. Campers return to the Y around lunch time.

Enrollment options:

With Field Trip – Join the YMCA Day camp for the full day and attend the weekly field trip.

Without Field Trip – Skip the YMCA trip and attend Heldeberg for the morning. Wrap care is not provided for Heldeberg campers on field trip days.



Door to Door Service for Swim Lessons!

During camp, your child is welcome to also sign up for swim lessons and other programs that take place at the Bethlehem Y. Simply let us know which program(s) your child is signed up for, such as swim lessons, and our staff will make sure your child is safely escorted to and from each program. To ensure that we have staff coverage, the programs need to run between 10AM to 6PM, please. Simply let us know the week before camp begins which programs your child is taking and we'll handle the rest. Please call us to learn more about this new benefit of camp.



NEW CAMP AGE GROUPS

K Camp: campers entering kindergarten

1 — 2: campers entering 1st and 2nd grade

3 — 4: campers entering 3rd and 4th grade

5 — 6: campers entering 5th and 6th grade

7 — 8 — 9: campers entering 7th, 8th and 9th grade

Returning campers entering 9th grade are eligible for our Leader in Training program

Day Camp and K Camp

Entering Grades 1 – 9

We help your child build confidence while enjoying a variety of programs and activities. We encourage your child to develop independence while learning new skills. Campers enjoy swimming, sports, art, and special events.

Children enjoy fun activities that encourage physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity. Campers are divided into groups by the grade they are entering in the fall, with activities appropriate to the interests and needs of each group. Each week has a fun theme and includes a field trip!

K Camp

Designed for children preparing to enter Kindergarten, our K Camp gives young campers a full day camp experience dedicated to their imagination and sense of wonder with shorter activity blocks, transitional games and added staff to engage and care for your camper.

SPECIALTY CAMPS

Our specialty camps focus intensely on one or more subjects for a full week of fun! Specialty camps run until lunch. Campers join their age group in the afternoon.

LEGO® Camp

Grades 2 – 4 • Week 7

Use LEGOs to imagine, create and build. Learn fun facts and information about the history of LEGO. Your child will learn a variety of different science and engineering concepts through daily (age and ability appropriate) challenges. Campers also work on a themed project throughout the week that will culminate in a presentation of their project.

NEW! Art

All Ages • Week 4

Campers will channel their inner artist as they create and learn. Through learning about famous artists and a variety of styles and materials, children will explore their own ideas of creativity and create unique works of art.

Movie Creation

Grades 3 – LIT • Week 3

Children will learn all the behind the scenes efforts that go into making a movie. The week will culminate with a red carpet showing of the movie.

NEW! Sports Specifics

All Ages • Week 6

Grades K — 2 • Soccer Skills

Grades 3 — 5 • Basketball Blitz

Grades 6 — LIT • Frisbee Frenzy — Disc Golf and Ultimate Frisbee

Learn team building and sportsmanship through friendly competition. Campers will spend the week learning skills and rules of play for their sport, as well as variations played around the world.

Fun Fitness

Grades 4 — LIT • Week 8

Children try a different physical activity each day — yoga, Zumba, boot camp, strength & conditioning and more. Your child will also learn about nutrition and create healthy snacks.

Frozen Fun

All Ages • Week 9

New skaters: Introduction to ice skating.

Campers will learn the basics of ice skating through games on the ice — Campers will need to bring their helmets.

Experienced skaters: Try your skates at freestyle figure skating, ice hockey, curling, broomball & more!

Skates are provided at no charge.

Leader-in-Training (LIT) Program

Grades 9 and 10

Campers entering 10th grade and returning campers entering 9th grade are eligible for our LIT program. Experience as an LIT helps teens to grow as leaders by participating in skill building activities. The program teaches teens to cooperate, communicate and work together as a team. It's an opportunity for them to grow within a supportive environment and gather the tools they need to become successful and confident members of a community.

LIT's need to participate in an orientation prior to beginning camp: June 21 or July 19 or August 2nd



Other YMCA Camp Options: OVERNIGHT CAMP FUN! Camp Chingachgook on Lake George

FREE TOURS!

Please join us at Chingachgook for our **Open House** events on April 23 & 30 and May 7 & May 21. Join us for **Spring Fling Day**, a free day for families to experience camp (archery, crafts, hikes, etc.), including lunch, on May 13. To RSVP for these events please call 518.656.9462.

You're also welcome to call for a tour any time that's convenient for you.

Visit www.LakeGeorgeCamp.org today to learn more, or call 656.9462.

DAY CAMP FUN! YMCA Adventure Camp

Located just off Route 155 in Guilderland, YMCA Adventure Camp is our **premier regional day camp**, with an outdoor pool, pond with paddle boats, zip line, rock wall, and much more! We have convenient bus routes to pick up and drop off your child.

FREE TOURS!

Visit www.CDYMCA.org today for our tour schedule, or call 439.4394 x1420. Also, join us for one of our **Open House** events: Wednesday, May 10 (5 to 7PM), Saturday, May 20 (11AM to 1PM), and Sunday, June 4 (11AM to 1PM).

BETHLEHEM DAY CAMP

FAX • 518.439.5718

CHILD INFORMATION

Child's First Name _____ Child's Last Name _____

Date of Birth ____/____/____ Grade Entering in Fall? ____ Gender M/F

CHILD'S T-SHIRT SIZE - Circle One: **CHILD SIZES: XS S M L XL** or **ADULT SIZES: S M L XL**

PARENT/GUARDIAN INFORMATION

First Name _____ Last Name _____

Date of Birth ____/____/____ eMail _____

Billing Address _____

City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

2nd Parent/Guardian Name _____ Phone _____

If separated or divorced, who has legal custody? (A court order is needed if a parent is denied access to a child.) _____

PICK-UP/EMERGENCY CONTACT AUTHORIZATION

I authorize the following people to pick up my child from YMCA Day Camp. I also authorize these people to be contacted in an emergency situation if I cannot be reached. All authorized persons need to be at least 16 years of age and prepared to show PHOTO ID.

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

First Name/Last Name _____ Relationship _____

Address _____ City & State _____ Zip Code _____

Phone (Home) _____ (Cell) _____ (Work) _____

Does your child have allergies or dietary needs? If yes, please list _____

Does your child take medication? If yes, please list _____

If your child should need any medication while attending camp, please contact your branch camp director to complete the appropriate medication consent forms. These forms need to be completed and signed by a physician prior to your child attending camp.

MEDICAL INFORMATION

Please indicate if your child has a history of the following:

Anemia Appendicitis Asthma Contact Lenses Diabetes Ear Infections Fainting Severe Headaches
 Hay Fever High Blood Pressure Hyperkinesis Seizures Skin Problems Swimmer's Ear Tonsillitis

Other _____ Does your child have an existing IEP? YES NO

Are there any activities that your child should not participate in for health reasons? _____

Are there any recent medical treatments/surgeries? _____

IMMUNIZATION RECORDS NEED TO BE INCLUDED WITH THIS REGISTRATION FORM.

MEDICAL EMERGENCY & SUNSCREEN RELEASE

I, being the parent/legal guardian of the above named minor, do hereby appoint YMCA staff to act on my behalf in authorizing emergency medical, dental or surgical care and hospitalization in my absence. In addition, I do here by grant said minor to carry and use sunscreen and/or bug spray which I have supplied.

» Parent/Guardian Signature _____

PHOTO RELEASE

I give permission for the Capital District YMCA to take video and/or photographs of myself and/or my child(ren) for the purpose of promoting YMCA programs.

» Parent/Guardian Signature _____

ACTIVITIES RELEASE

I give permission for my child to participate in all activities appropriate for their age and ability including swimming.

» Parent/Guardian Signature _____

BETHLEHEM YMCA

Child's First Name: _____ Last: _____ DOB: _____ Grade Entering Fall: _____
 Gender: M F DSS Subsidy:

Week Starting Date	Member Rate	Non Member		1 6/26	2 7/3*	3 7/10	4 7/17	5 7/24	6 7/31	7 8/7	8 8/14	9 8/21	10 8/28	Subtotal
Day Camp	\$210	\$245												+
Pre-School	\$105	\$145												+
K Camp	\$210	\$245												+
LIT	\$100	\$130												+
*Camp is closed on July 4th. WEEK 2 RATES ARE PRORATED: Day Camp & K Camp \$168/\$196 • Pre-school \$84/\$116 • LIT \$80/\$104														
Movie Creation (3rd - LIT)	\$240	\$265												+
Art (all grades)	\$240	\$265												+
Sports Specific (K - 2nd)	\$240	\$265												+
Sports Specific (3rd - 5th)	\$240	\$265												+
Sports Specific (6th - LIT)	\$240	\$265												+
Lego (2nd - 4th)	\$240	\$265												+
Fun Fitness (4th - LIT)	\$240	\$265												+
Frozen Fun	\$240	\$265												+
Heldeberg w/Trips	\$125	\$155												+
Heldeberg No Trips	\$100	\$140												+
<input type="checkbox"/> I qualify for the \$10 (per week) sibling discount (for each child after the first child). Sibling Name: _____														-
													TOTAL	=
Please include your weekly \$10 non-refundable camp deposit (per child) with your application.														

Billing Payment Information (Charged Weekly)

Credit Card	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now / Then Balance Each Week		
Name on Card			
Card Number			My Card is on file. Last 4 Digits: _____ Exp. _____
Address			
City		State	Zip Phone
Bank Withdrawal (ACH)	I want to be charged: <input type="checkbox"/> Only the Deposit Now <input type="checkbox"/> Full Amount <input type="checkbox"/> Deposit Now and then the Balance Each Week		
Name			
Bank Name			<input type="checkbox"/> Checking <input type="checkbox"/> Savings
Routing Number (9-Digits)			
Account Number			

Terms: I authorize my financial institution to honor pre-authorized debits/charges initiated by the YMCA on my account for camp payments. I authorize the Y to re-run my credit card within three business days if my card returns declined. Should any payments not be honored by the above financial institution, I understand that in addition to the regular payment, I will be charged a \$20 NSF (Non-Sufficient Funds) fee.



Signature (I have read and understand the terms of this draft authorization) _____ Date _____

TO BE COMPLETED BY THE Y • Staff Initials _____ Date _____ Receipt # _____			
<input type="checkbox"/> Cash	<input type="checkbox"/> Check	Scholarship Percentage _____ %	Executive Director Signature _____

WEEKLY CAMP THEMES

Week 1: Celebrate Yourself

Kick off camp with a worry free week of fun. We will focus on friends old and new, anti-bullying activities and empowering each camper to be themselves.

Field Trip: Adirondack Animal Land

Week 2: Party in the USA!

Join us in celebrating the USA through all things Red, White and Blue for Independence Day. We will honor hometown heroes and have visits from the fire department and police department.

Field Trip:

K – 2 • Tree Paad

3 – LIT • Great Escape. \$15 trip fee – Lunch is provided. Early departure and late return day

Week 3: Movie Madness

Enjoy a week of Hollywood glamour and Disney fun as we step into the magic of movies. Campers end the week by attending the premiere of the movie created by Movie Creation Camp.

Field Trip:

K – 2nd • Five Rivers Environmental Education Center

3rd – LIT • Huyck Preserve & Biological Research Station

Week 4: Splish Splash

Splish Splash, come have a blast! Join us for a week of water filled fun. Through ocean and beach themed activities and water wars, have a wet and wild time!

Field Trip:

K – 2nd • Peerless Pool, Saratoga State Park

3rd – LIT • Water Slide World

Week 5: Holiday Hullabaloo

Cinco de Julio, A Mid-Summer's Halloween, Christmas in July and the rest of the yearly holidays come together for a fun filled week at the Y. We will celebrate different holidays each day, and end the week with a camp wide costume party.

Field Trip:

K – 4th and Champs Camp • Via Aquarium

5th – LIT • Albany Indoor Rock Gym

Week 6: Color Wars

Get ready for a week of colorful competition as groups pair off against each other in the ultimate color wars. We will host a color dash so get your white t-shirts ready!

Field Trip:

K – 2nd • Grafton Lakes State Park

3rd – LIT • YMCA Adventure Camp

Week 7: Super Heroes and Villains

Watch the battle of good vs. evil unfold before your eyes. Choose the side of superhero or super villain then begin your destiny of mythic proportions!

Field Trip: Camp Chingachgook

Week 8: Wild, Wild, West

Dust off your cowboy hats and cowgirl boots. Saddle up for a week of western fun at camp complete with roping, line dances and a hoe down.

Field Trip:

K – 2nd • Liberty Ridge Farm

3rd – LIT • Sky Zone Fun Phys Ed

Week 9: Around the World

Pack your bags and grab your passports! We're off on an adventure learning about different cultures and countries.

Field Trip:

K – 2nd • MiSci

3rd – LIT • Howe Caverns and Howe High Adventures

Week 10: Aloha Summer

Say Goodbye to summer with island fun! Participate in sand art, Limbo, Hula Hoops and more. Enjoy island music and tropical treats at the End of the Summer Family Luau.

Field Trip: JP Morgan Cruise



CAPITAL DISTRICT YMCA

Bethlehem Branch

900 Delaware Avenue
Delmar, NY 12054

PHONE 518.439.4394

FAX 518.439.5718

Non-Profit Org.
US Postage
Paid
Albany, NY
Permit #227

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Register
Today!**

OPEN HOUSE • June 10, 11AM — 1PM

Drop in and meet the staff, explore our space and see what a typical day of summer camp is like with fun filled games!

STAFF MEET & GREET • July 20, 6 — 7PM

**NEW
IN 2017**

- New Leader-in-Training program
- New camper groups
- New K-Camp
- New specialty camps and field trips

